

THE
RITES OF
PASSAGE
INSTITUTE



Making of Men Camp
Information Booklet

Help prepare your son for adulthood

This life-changing experience is focused on bringing out the best in your boy. It addresses the physical, emotional and psychological changes happening in your boy's life in a safe and structured way.

The Making Men Camp is a contemporary Rites of Passage program based on years of research and experience developed by a team including Dr Arne Rubinstein, author of *The Making of Men*.



"I had high hopes for the camp and they were massively exceeded. My son feels stronger and more centred within himself, our relationship is better than it has ever been, and I feel like I have grown and matured as a man amazingly after only 4 days!"

Father



About Us

The Rites of Passage Institute programs are centred around 20 years of research and practice that has seen over 100,000 participants take part in programs globally that utilise Rites of Passage principles and practises.

Our founder and CEO, Dr Arne Rubinstein, has designed a model and methodology based on The Rite of Passage framework to create a timeless yet modern approach to growth, relationships and human potential. We believe that a Rite of Passage is a necessary part of a young person's development.

We want to see a thriving world where we are able to bring out the best in all young people and help them find purpose and potential.

The Challenges Young People Face



We have good reason to believe that young people today face more challenges than previous generations. Our work takes us to communities and schools around the country where we learn of the many issues faced by our youth.

We hear of high levels of anxiety, depression and rising mental health problems. Principles outline lack of resilience and disengagement as their biggest causes for concern. Parents worry about technology and their child's disconnectedness.

At the Rite of Passage Institute, we believe that our young people have a bright future if we are proactive in helping support them as a community through these challenges they face.



The Making of Men Camp



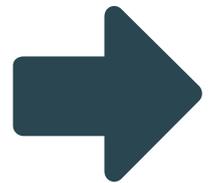
Relationship

Build a stronger father-son relationship



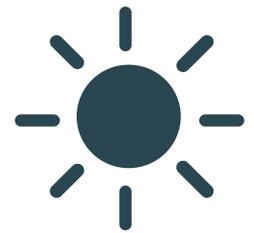
Direction

Support your son in finding his direction and vision for the future as he transitions into young adulthood



Self-Confidence

Increase your son's confidence and self-esteem



Camp Details



WEDNESDAY: The Journey Begins

Registration 11AM

Durrumbul Hall, on the corner of Coopers Lane and Main Arm Road (5kms from Mullumbimby).

Our staff will take all your luggage to the camp site, please keep a small day pack with you. All cars that require parking will be securely stored for the duration of the program.

Mothers/ Carers Program

After the men and boys depart on Wednesday the mothers' stay on at Durrumbul Hall with our female facilitators for the Mothers Program. This is an opportunity to talk about the feelings you are experiencing as your son embarks on this journey.

It is the perfect space to share your hopes and fears during this transformational period in your son's life and how mothers and carers can best support the changes as he moves into adulthood.

The Mothers Program is a sacred space for the mothers and carers. If possible please try to make arrangement for younger children that may need a high level of supervision, as we like to keep this a space for the women only.

We understand that it may not be possible for all mothers' to attend due to many reasons including travelling from interstate, but it is wonderful if you can.



Camp Details



SUNDAY: The Return

Durrumbul Hall, on the corner of Coopers Lane and Main Arm Road (5kms from Mullumbimby).

Mothers/ Carers Program

12:00 - 2:00PM

Mothers and carers gather at Durrumbul Hall for the second component of the Mother Program.

The Return Celebration

2:30PM - 4PM

This is an afternoon of great celebration when the community is invited to witness and welcome the return of the young men.

Please invite people that are significant in your son's life (aunts, uncles, grandparents and friends). Their attendance and involvement completes this unique experience.

In traditional cultures an offering is presented to the Young Men to acknowledge the journey they have taken. Keeping this tradition we ask that you bring a plate of your son's favourite food.





What to bring

DAY PACK

Water bottle

Hat

Torch (with spare batteries)

Sunscreen & insect repellent

Warm jacket & raincoat

Sturdy walking shoes (please wear on arrival)

PERSONAL ITEMS

Clothing for the outdoors (prepare for hot, cold and wet weather) and have at least one full set of spare clothes.

Toiletries, towel and face washer

DO NOT BRING

Sporting equipment

Reading material

Electronic equipment: mobile phones, cameras, electronic games etc.



FAQ's

Making of Men Camp

What is a coming of age Rite of Passage?

A coming of age Rite of Passage is a process that recognises things is changing in your boy's life. We already have many Rites of Passage as a normal part of our lives including birthdays, weddings and graduations. This is a chance to support and celebrate as he moves from being a boy to a young man.

Will my son be safe?

YES. As a professional organisation the wellbeing of your boy is paramount. We have strict Occupational Health and Safety guidelines, Child Protection policies and procedures, qualified First Aid Officers and evacuation procedures in place on all camps.

Will it matter if my son doesn't know any other boys on the camp?

No. Our camp processes quickly build a sense of community and friendship, which break down all barriers.

What are some of the outcomes of attending the Making of Men Camp?

Our facilitators and executive team have been involved in running Rite of Passage programs for over twenty years. Our programs have been independently researched and evaluated. Our evidence based outcomes for boys who have attended these programs include:

- Stronger father-son relationships
- More confident communication and social skills
- Higher levels of respect for mothers and women
- Improved attitude towards finishing school
- Increase in self-esteem



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